

ShivWorks



COLORADO NINJUTSU CENTERS

PUC and ECQC October 19th, 20th and 21st

Instructor: Lt. Craig Douglas, SWAT Team Commander with years of experience in Military and Law Enforcement Combatives. Craig is a specialist in Close Quarters Combat.

Practical Unarmed Combat Core Concepts Module

October 19th, at Self Defense America in Lakewood.

4 hour course

Introduces the student to the parameters and context of criminal assault.

The student will learn how criminals actually assault citizens in the real world and will initially focus on strategies and tactics for challenging and preempting the potential assailant.

The instruction will then shift to immediate action procedures for spontaneous assault and how to regain initiative with non-stylized basic tools.

Equipment required for the class is a cup and mouthpiece.

Extreme Close Quarters Combat

Elizabeth, CO on Sat and Sun,

October 20th and 21st.

1-2 day course

Focuses on a multi-disciplinary approach to building functional, combative handgun skills at zero to five feet. The course is designed to instill core concepts of seamless integration and provide the platform for aggressive problem solving during a life or death struggle. A heavy emphasis is placed upon commonality of body mechanics between skill sub-sets, which means that all combative software is reinforcing. Once the student's skill sets are initially ingrained, the participant will be stress inoculated with force on force drills utilizing Simunitions and protective equipment. All ECQC students will need to have taken PUC the evening before. ECQC 1 (Saturday) can be taken stand alone but is required for ECQC 2 (Sunday).

Equipment required

Holster, pistol, two magazines, eye & ear protection, heavy sweatshirt, mouthpiece and cup, 200 rounds of ammo. This class is not recommended for beginning shooters and prior documented training or instructor approval is required. Students should be relatively fit as this is a contact class. Most of the latter half of each day will be spent utilizing Simunition marking cartridges and FIST helmets, to allow the students to gain confidence in applying their newly acquired skills against moving, aggressive opponents

Classes are limited, Please call immediately to assure your class position.

For more information,

please call Randy Weekley at 303-646-3400 or visit www.shivworks.com